



## TUF Global Outreach High-Level Delegation Visits Universiti Sains Malaysia (USM) to Solidify Strategic Partnership

Following the landmark Memorandum of Understanding (MoU) signed in November 2025, a senior leadership delegation from TUF conducted a high-profile courtesy visit to Universiti Sains Malaysia (USM). This visit marked a decisive step in TUF's mission to enhance its global footprint and foster world-class academic excellence.

**Strengthening International Ties:** The delegation was led by the visionary **Mian Muhammad Hanif(SI)**, Patron-in-Chief, TUF, and Chairman, Madinah Foundation. He was joined by **Dr Muhammad Hamza Amin**, Vice Chairman, Board of Governors, TUF. **Dr Abu Bakar**, Chairman and Rector, University of Rawalpindi. The visit served as a strategic follow-up to the recent MoU, moving



beyond formalities to establish concrete action plans for mutual growth.

**Key Areas of Collaboration**

During the visit, leadership from both institutions engaged in deep-dive discussions focused on:

- **Joint Degree Initiatives:** Creating seamless pathways for students to gain international qualifications.
- **Research & Innovation:** Combining the intellectual capital

of both nations to tackle global challenges.

- **Exchange Programs:** Facilitating mobility for both faculty and students to foster a multicultural learning environment.
- **Sustainability & Community:** Aligning TUF's community-centric values with USM's renowned sustainability and global community engagement models.

**A Shared Vision for Excellence**

TUF delegation was welcomed by Prof Dato' Gs. Dr Narimah

Samat, Deputy Vice-Chancellor of USM, along with senior directors focusing on Community Networks and Global Sustainability. This collaboration is more than just an agreement; it is a bridge between two centers of excellence. By partnering with a top-tier institution like USM, TUF continues to provide its students and faculty with unparalleled global opportunities.



# CAREERLINK 26

Shaping the Future Workforce with 100+ Industry Leaders and 2,500 Students Where Ambition Meets Opportunity"

The University of Faisalabad premises were fully transformed to reflect the “**Career Link 26 – Where Ambition Meets Opportunity**” theme, the Placement Bureau, TUF, welcomed corporate delegations, academic leaders, industry managers, CEOs, and aspiring professionals, creating an atmosphere of momentum and purpose. The event hosted over 100 national and international organizations and engaged more than 2,500 students and alumni, transforming the campus into a vibrant hub of professional opportunity. Designed as a strategic initiative to bridge the gap between academia and industry, Career Link 26 provided a robust platform for talent engagement, recruitment, and professional networking.

## Leadership Perspectives: Addressing the Industry-Academia Gap

The formal ceremony commenced with the address of Mr Farooq Yousaf Sheikh, President of the Faisalabad Chamber of Commerce and Industry (FCCI), as the Chief Guest. Mr Farooq Yousaf Sheikh commended TUF for its proactive role in bridging the industry-academia gap. Prof Dr Aman Ullah Malik, Rector, TUF, emphasized that the core mission of TUF extends beyond the classroom, focusing heavily on the integration of academic theory with industrial practice. He highlighted that "Career Link 26," through its consistent success across the years, serves as a testament to the university's active role in building robust industrial-academia linkages.

Mr Omer Farooq Qureshi provided a comprehensive overview of the "Career Link 26" vision, detailing the rigorous preparation involved in bringing together 100 diverse companies under one roof. He explained that the Placement Bureau's goal is to act as a strategic bridge, transforming the traditional job hunt into a streamlined networking experience.

## Panel Discussion 1: "Reimagining Career"

The first high-level panel discussion, "Reimagining Career," at Career Link-26 commenced, bringing together a distinguished group of experts to discuss the shifting paradigms of the modern workforce. The panel featured three prominent industry leaders who provided deep insights into their respective fields:

- Mr Muhammad Muneeb Mustafa (Engineer, Orange Line Metro Train): A TUF Alumnus and 2016 BEE Medalist, Mr Mustafa shared his extensive experience in traction power systems and automation.
- Mr Faisal Hayat (Regional Sales Manager, Tapal Tea): With nearly 20 years of diversified experience in the FMCG sector, Mr Hayat focused on "Building Resilient Brands".
- Mr Mirza Usman (CEO, Netixsol): A certified Blockchain Developer and Web3 expert, Mr Usman explored the future of decentralized technology.



### Inaugural Ceremony and Corporate Interaction

The formal inaugural ceremony of Career Link 26 was presided over by the Chief Guest, Mr Farooq Yousaf Sheikh, President FCCI, marking the official opening of the recruitment drive. He was joined by Mr Muhammad Haider Amin, Chairman Board of Governors, TUF, Prof Dr Aman Ullah Malik, Rector, TUF, and Dr Zahida Maqbool, Registrar.

### Booths and Recruitment

Over 100 stalls were set up by leading organizations across the banking, pharmaceutical, IT, and textile sectors. These booths became centers of activity where HR professionals conducted on-the-spot resume screenings and initial screenings, providing students with immediate feedback on their employability.

### Networking, Breakout Sessions, and Executive Talks

Parallel to the main arena activities, the event featured specialized Breakout Sessions and Executive Talks, which served as a bridge between high-level industrial strategy and student career planning.

### Panel Discussion 2: "Network Dynamics"

In the afternoon, the second panel discussion, "Network Dynamics," delved into the power of professional ecosystems and the "hidden job market".

- Mr Sufyan Fiaz (Product Development Manager, Interloop): A TUF Alumnus in Textile Engineering with over 11 years of experience, Mr Fiaz discussed "The Art of Global Collaboration".
- Mr Muhammad Jahangir Ali (Sales Head, Nayatel): With over a decade of experience in corporate sales and organizational development, Mr Ali spoke on "Turning Strategy into Measurable Results".

### Empowering Citizens: Awareness Sessions

The awareness track featured two primary segments:

- Civic Responsibility and Traffic Safety (Led by Dr Mubashar, Incharge Traffic Education Unit, Faisalabad)
- Digital Identity and "Pak ID" Services (Led by Mr Noman, Assistant Director, NADRA)

### Closing Ceremony and Souvenir Distribution

The event concluded with a prestigious closing ceremony, celebrating the successful collaboration between the university and its corporate partners. As a token of appreciation for their role in empowering the next generation of professionals, commemorative souvenirs were distributed to the participating companies and executive guests. The distribution was led by Prof Dr Aman Ullah Malik, Rector, and Mr Omer Farooq Qureshi, Manager of the Placement Bureau.



TUF and State Bank of Pakistan  
**SIGNED MOU**  
 to Promote Financial Inclusion

The University of Faisalabad is proud to announce a landmark collaboration with the State Bank of Pakistan – Banking Services Corporation (SBP BSC), facilitated through the joint efforts of the Placement Bureau and the National Business School, TUF. The two institutions have officially signed a Memorandum of Understanding (MoU) dedicated to advancing financial literacy and fostering economic inclusion across the region.

The agreement was formalized by Ms Fozia Aslam, Chief Manager, SBP BSC Faisalabad, and Prof Dr Aman Ullah Malik, Rector, TUF. The signing was witnessed by Dr Zahida Maqbool, Registrar, TUF, and Mr Abid Qamar, Director, SBP Agriculture Credit & Financial Inclusion, alongside senior leadership from both organizations. Bridging Academia and the Banking Sector -This partnership creates a direct pipeline for knowledge exchange and capacity building. Key objectives of the MoU include:

- Knowledge Sharing: Synchronizing academic research with real-world banking policies.
- Financial Literacy: Equipping students and the community with essential tools for financial empowerment.



• Institutional Synergy: Strengthening the link between the Faculty of Management Studies and national financial regulators. This collaboration isn't just about signing

a document; it's about equipping the next generation with the financial intelligence required to navigate a modern economy. TUF remains committed to building

strategic industry linkages that provide students with a competitive edge while supporting the State Bank's national financial development goals.



Global Academic Delegation Visits to

**FORGE INTERNATIONAL EDUCATIONAL LINKAGES**

Bridging the gap between local talent and global opportunities, a specialized delegation of international education experts visited TUF for a high-impact collaborative session. The event, held under the membership and stewardship of Samiullah Sami (MD, Education Scenario International), featured top-tier representatives from UNIMY, LanguageCert, and the BAC Group, focusing on providing authentic pathways for higher education abroad. The delegation included prominent figures from various international educational hubs:

- **Mr Gurpreet Singh:** Regional Manager International, UNIMY University, Malaysia
  - **Mr Shayan Khalid Chawla:** Manager, International Office, City University Qatar
  - **Mr Abdul Sami:** Regional Manager, LanguageCert, Cyprus
  - **Mr Kavilan Mahadhevan:** Manager International, BAC Group, Malaysia
  - **Mr Muhammad Hamza Bilal:** Country Manager, Expatrio & Fintiba, Germany
- The event was graced by the senior leadership of The University of Faisalabad, including Rector Prof Dr Aman Ullah Malik, Registrar Dr Zahida Maqbool, Director ORIC Prof Dr Zahir Ahmad Zahir, and Director Academics Prof Dr Abdul Wahid, alongside all Heads of Departments. Mr



**Mr Gurpreet Singh: Regional Manager International, UNIMY University, Malaysia**

Hanan Iftikhar, Head of International Programs at TUF, delivered a comprehensive presentation showcasing the university's strategic initiatives, its impressive global rankings, and existing international collaborations. He also highlighted the Madinah Foundation's significant contributions to social welfare. The delegation's visit served as a testament to the growing demand for international academic integration. During the session, the delegates discussed emerging trends in the digital economy, language proficiency requirements for European visas, and the diverse scholarship opportunities available in 2026.

The session focused on providing students with direct access to information regarding international admissions, scholarship programs, and the evolving digital landscape

in global education.

The event served as a platform for "Global Education Scenario," allowing students to engage in one-on-one discussions with university representatives. The primary goal was to provide transparent and authentic guidance on study pathways in Malaysia, Qatar, Cyprus, and Germany, ensuring that aspiring scholars are well-equipped for success in the international arena.

During the session, the delegates highlighted their extensive collaborations with top-tier global universities, unveiling a wealth of opportunities for future graduates. A significant highlight was the offer from the Qatar Institute, which opened doors for TUF students and faculty to engage in high-impact research publication opportunities within prestigious international research journals. The visit concluded with a vibrant Q&A session, where students actively engaged with the delegates. The students posed insightful questions regarding visa processes, post-study work opportunities, and specific scholarship criteria for Germany, Malaysia, and Qatar. The delegates provided personalized advice, ensuring that the aspiring scholars left the session with a clear and confident roadmap for their international academic journeys.



# HULT PRIZE GRAND FINALE

Crowns its Innovators Shaping the Next Generation of Social Entrepreneurs

The future of social entrepreneurship took center stage at TUF, as the **National Business School** hosted the culminating round of the **Hult Prize**. Far from a traditional academic exercise, the Grand Finale featured 30 outstanding student-led teams presenting innovative and disruptive solutions aimed at addressing some of the world's most pressing challenges, marking a significant advancement in the university's culture of innovation and entrepreneurship.

## A Jury of Industry Titans

The event's prestige was underscored by a high-profile evaluation panel, blending

corporate strategy with academic rigor. These leaders provided more than just scores they offered the "battle-tested" feedback necessary for these startups to survive in a global market:

- **Sohail Khattak** (CEO, Lyallpur Galleria) Retail & Market Strategy
- **Mamoona Imran** (VP, Faisalabad Women Chamber of Commerce) Economic Empowerment
- **Rafi Shamas** (Senior Director, Kamal Mills) Industrial Scalability
- **Dr Yawar Abbas & Dr Kashif Hamid** (UAF) Research & Technical Feasibility



The leadership of TUF, including **Mr Muhammad Haider Amin**, Chairman BOG, **Prof Dr Aman Ullah Malik**, Rector, and **Dr Zahida Maqbool**, Registrar, personally toured the exhibition. Their presence served as a powerful endorsement of the students' "entrepreneurial grit" and the university's mission to produce socially conscious job creators.

The Winners' Circle: Innovation Across Disciplines

Here is the breakdown of the winners and their projects:

- **1st Position: pillPal**
  - o **Department:** Pharmacy (4th Semester)
  - o **Award Prize:** 15,000
  - o **Core Competitive Edge:** This project stood out as a robust, impact-driven healthcare solution. It was backed by a practical business model and delivered through a high-caliber presentation.
- **2nd Position: MultiCord**
  - o **Department:** Computer Science (Final Year)

- o **Award Prize:** 10,000

- o **Core Competitive Edge:** A tech-forward initiative with a heavy focus on sustainability. Its strength lies in rigorous market research and its potential for scalability.

- **3rd Position: Biovolt**

- o **Department:** MLS (4th Semester)

- o **Award Prize:** 5,000

- o **Core Competitive Edge:** A visionary, science-backed concept. It is dedicated to driving meaningful environmental and social transformation through innovative scientific application.

The Grand Finale was more than a competition; it was a demonstration of the National Business School's role as an incubator for change. By aligning student creativity with the Hult Prize's global mission, TUF has reinforced its status as a hub where academic excellence meets real-world impact.

"We are not just teaching business; we are engineering the future of social responsibility."

## INTERNATIONAL WORKSHOP

**“Ethics and AI for Improving Quality Education in HEIs”**

As Generative AI (GenAI) continues to redefine the global academic landscape, the **National Business School**, in strategic collaboration with the **Faculty of Arts and Social Sciences**, conducted a high-profile 2-day international workshop titled **“Ethics and AI for Improving Quality Education in HEIs”**.

The workshop's highlight was an illuminating keynote address by Dr Sarah Holz, a distinguished academic from the Institute of Asian and African Studies at Humboldt University of Berlin, Germany. Drawing on her extensive international research, Dr Holz explored the transformative power of GenAI, focusing on:

- **Methodological Evolution:** How AI is fundamentally reshaping teaching methodologies and the student learning experience.
- **The Ethical Compass:** A rigorous call for "ethical literacy" and critical inquiry to ensure technology serves as a bridge, rather than a barrier, to authentic learning.
- **Practical Innovation:** Examining AI-powered tools that streamline research workflows and enhance classroom engagement.



The discourse was further enriched by the participation of **Prof Dr Ashfaq Ahmad, Dean, NBS**, and Registrar **Dr Zahida Maqbool**, signaling the institution's top-down commitment to integrating AI into its governance and academic frameworks.

**Day 2: Interactive Panels and Global Engagement**

Building on the momentum of the opening sessions, the second day featured a highly interactive panel discussion. Moderated by **Mr Sharjeel Yousaf** (Lecturer, National Business School), the session transformed into a vibrant hub of intellectual exchange. A large contingent of students and faculty members engaged in a dynamic Q&A session, critically analyzing the dual nature of AI exploring its limitless opportunities for curriculum design alongside the inherent risks to institutional policy. The inclusion of an international audience via online attendance added a vital global dimension, proving that the challenges of AI ethics transcend borders.

**NBS Vision for the Future**

The event concluded with a formal note of gratitude from Prof Dr Ashfaq Ahmed, who acknowledged the collective efforts of the organizers and participants.

By bridging the gap between international expertise and local academic ambition, these two days have significantly strengthened academic collaborations and provided faculty and students with the "ethical literacy" necessary to lead in an AI-driven world.

As the university bids a fond farewell to Dr Sarah Holz, it looks forward to a future defined by meaningful, technology-enhanced academic partnerships.





UMDC Ignites Medical Journeys

**23rd**  
MBBS Batch

in Grand

**WHITE  
COAT  
CEREMONY**

The University Medical and Dental College officially ushered in its 23rd batch of MBBS students with a White Coat Ceremony that blended tradition with modern medical ambition. The event served as a formal "welcome to the profession," where students transitioned from aspiring learners to future healers. The distinguished guests at the ceremony included Prof Dr Akram Malik, Principal UMDC; Prof Dr Shirza Nadeem, Vice Principal UMDC; Prof Dr Amir Ali Chaudhary, Head of the Department of Ophthalmology, Madinah Teaching Hospital, Faisalabad, Prof Dr Aman Ullah Malik, Rector, TUF, along with esteemed faculty members of UMDC. The ceremony symbolized the beginning of a transformative academic and professional path. The students donned their white coats, presented by senior students. Led by Prof Dr Akram Malik, Principal of UMDC, the students recited the Medical Oath, committing themselves to ethical

practice and the selfless service of humanity. Beyond the symbolic donning of coats, the orientation featured detailed presentations showcasing the institution's world-class clinical facilities and state-of-the-art infrastructure. Students were introduced to the extensive resources of Madinah Teaching Hospital (MTH), which serves as a premier healthcare hub providing high-volume clinical exposure and mentorship from veteran consultants. Furthermore, heads of various clinical departments—spanning Surgery, Medicine, and specialized fields like Ophthalmology emphasizing how these advanced facilities and departmental resources will be central to the students' transformative academic journey. Prof Dr Aman Ullah Malik, Rector of The University of Faisalabad, delivered a modernized charge to the students: "You aren't just here to earn a degree; you are here to become the backbone

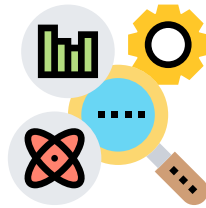


of our healthcare system. We have equipped this institution with the finest labs and clinical facilities in the region to ensure your growth is limitless. Our faculty is here to sharpen your skills, but your compassion must come from within." Students engaged with faculty

during interactive sessions, explored the campus, and captured the start of their five-year journey with families and new peers. The 23rd batch enters UMDC at a time when the institution is at the forefront of medical innovation, ensuring they are prepared for the challenges of tomorrow's healthcare landscape.

Academic Council Approved New Degree Programs and Enhanced

# RESEARCH POLICIES



## IN HIGH-LEVEL Meeting

The Academic Council convened a meeting on February 03, 2026, under the chairmanship of the Rector, Prof Dr Aman Ullah Malik, to deliberate on key academic advancements and policy frameworks. The session began with the formal confirmation of the minutes from the August 18, 2025, meeting and an assessment of the subsequent implementation reports.

During the meeting, the council approved the updated Commercialization and Consultancy Policy for the Office of Research, Innovation, and Commercialization (ORIC) and sanctioned the initiation of new degree programs. Extensive revisions to the schemes of studies and curricula were endorsed across various departments to ensure alignment with HEC's revised curricula. Academic council adopted various directives received from HEC and PHEC regarding student development especially Life Saver Initiative for University Students, induction of online evaluation of PhD dissertation evaluation system.

Furthermore, the council discussed several important initiatives aimed at enhancing student development and institutional effectiveness. The meeting concluded with a formal vote of thanks to the chair, signaling a new phase of academic and research growth for the upcoming academic session.

## OWN YOUR FUTURE SKILLSHIFT" EMPOWERS STUDENTS TO

Transition from Campus to Career

"Own Your Future SkillShift: From Campus to Career" was more than just an event; it was a transformative experience that encouraged students to rethink and redefine their future paths. Through insightful discussions and practical takeaways, the session reinforced an important message: while degrees may open doors, it is skills that build sustainable careers. Guest speaker, Mr Muhammad Usman, Founder of HimmatKaar, shared his valuable insights, vision, and motivation with our students. Witnessing young minds actively engaged, inspired, and prepared to take ownership of their professional journey made this session truly impactful.

This event, successfully organized by Centre of Collective activities did not mark an end, but rather the beginning of a journey toward growth, continuous learning, and self-belief.



## Two-Day Clinical Dietitians Training Strengthens Professional Competencies

The Department of Nutrition and Dietetics in collaboration with the Pak-Korea Nutrition Center (PKNC), successfully conducted a two-day Clinical Dietitians Training Program. The initiative was designed to enhance the clinical expertise and practical competencies of BS DNS and MPDNS students.

Day 1 commenced with an orientation session led by Prof Dr Allah Rakha, Chair, Policy Advocacy & Reach, PKNC, and Mr Moeez Aslam, who outlined the objectives and framework of the training. This was followed by comprehensive technical sessions on "Cognitive & Physical Growth Milestones for Children" and "Macro & Micronutrient Needs and Common Deficiencies in Clinical Settings," equipping students with in-depth knowledge of pediatric nutrition and clinical assessment.

Day 2 featured advanced sessions focused on applied clinical nutrition practices, dietary assessment methodologies, and evidence-based management strategies. Through interactive discussions and practical exercises, students refined their clinical decision-making abilities and strengthened their professional confidence.



## EXPLORING AI AUTOMATION: N8N VS OPENCLAW WORKSHOP

The Department of Computer Sciences conducted an engaging workshop on “N8N vs OpenClaw – Which AI Automation Tool to Use?”. The session featured Dr Murad Khan, Assistant Professor at Government College University Faisalabad, who shared valuable insights on AI automation, structured workflows, and AI-powered agents. Participants gained practical knowledge on leveraging workflow

automation tools like n8n and AI agent-based solutions such as OpenClaw, fostering meaningful discussions and hands-on learning.

The University extends sincere thanks to Dr Murad Khan for his expertise and to all attendees for their enthusiastic participation. This workshop reflects our commitment to delivering impactful, industry-relevant academic experiences.



## State Bank of Pakistan Conducts TWO-DAY SME LAUNCHPAD SESSION AT TUF

In a collaborative effort with the State Bank of Pakistan (SBP), TUF conducted a two-day SME Launchpad Session, engaging students and budding entrepreneurs in a dynamic and enriching learning experience. Day 1 focused on the economic importance of SMEs and government-led initiatives to promote entrepreneurship. The session began with a welcome address by Prof Dr Aman Ullah Malik, Rector of The University of Faisalabad, followed by key insights from Ms Fouzia Aslam, Chief Manager, SBP BSC Faisalabad, on SBP’s role in strengthening Pakistan’s SME sector. Expert sessions included:

- Ahmad Bilal Arif, Deputy Chief Manager, SBP, on SME introduction and economic significance
- Bakhtawar Abbas, Assistant Chief Manager, SBP, on SBP initiatives for SME promotion
- Taimur Shahzad, Regional Manager-Credit Review, The Bank of Punjab, on government subsidy schemes and SME banking products

The day concluded with an inspiring talk by Muhammad Shafique Anjum, President of the Faisalabad Chamber of Small



Traders & Small Industries, motivating participants toward entrepreneurial success.

Day 2 emphasized practical business, finance, and freelancing insights. Key sessions included:

- Hafiz Abdul Rahman, Sharia Coordinator, Faysal Islamic Bank Limited, on Islamic banking and its distinction from conventional banking
- Zeeshan Ahmad Mian, VP, Mobilink Microfinance Bank Limited, on connecting with banks, microfinance institutions, and investors
- Shahid Irshad, CFO – ChemTex / ICMA, on preparing effective business plans and projected financial statements
- Ijaz Ahmad (FCMA), Tax Consultant and former Deputy Director, Technical Education



Punjab, on company registration and tax matters for SMEs

- Nauman Sarwar, Founder/CEO of H3 Solutions & PrimeHRMS and President FITCO 2026, on key traits for successful freelancing

The program concluded with closing remarks and certificate distribution by Ahmad Bilal Arif, Deputy Chief Manager, SBP BSC Faisalabad.

The two-day SME Launchpad Session provided participants with a comprehensive understanding of SME development, financial management, and entrepreneurship, equipping them with the tools and inspiration to succeed in Pakistan’s dynamic business ecosystem.

Seminar on

## “MANAGING ACADEMIC STRESS & ANXIETY”

Addressing the growing concerns of student well-being, the Department of Psychology organized a seminar titled “Psychological Strategies for Managing Academic Stress and Anxiety Among Students.” The session was led by Dr Arooj Zahra Rizvi, Clinical and Counselling Psychologist and Head of

Social Sciences at Superior University, Faisalabad, who discussed the underlying causes of academic stress and shared practical, evidence-based coping techniques. The interactive discussion equipped students with effective strategies to manage anxiety and strengthen their academic resilience.



## BBA students gain real-world market insights during study tour to **PAKISTAN STOCK EXCHANGE**

Students of the National Business School at TUF undertook an educational visit to the Pakistan Stock Exchange (PSX), Lahore, as part of their financial literacy initiative. The study tour for 6th and 8th semester BBA students aimed to enhance practical understanding of stock market operations and investment practices.

During the visit, PSX representatives delivered a very perceptive session on stock market fundamentals, trading mechanisms, market indices, and the significance of financial planning and investment strategies. Students also toured



the trading floor, where they observed real-time market activities and learned about the roles of brokers and investors. The interactive session encouraged active

participation, enabling students to engage with industry professionals and gain valuable exposure to real-world financial practices. The visit proved to be a highly enriching

experience, strengthening students’ financial knowledge and equipping them with essential insights for future careers in finance and business.



## Educational Visit to **Shifa International Hospital** Enhanced Clinical Learning

The Department of Rehabilitation Sciences organized a comprehensive educational visit for students of the BS Respiratory Therapy program to Shifa International Hospital on February 17, 2026.

The visit offered students valuable clinical exposure and practical insight into respiratory care practices within a modern healthcare environment. During their time at the hospital, students observed advanced respiratory therapy equipment, patient management protocols, and interdisciplinary coordination across various departments.

This firsthand experience enabled them to better understand the operational dynamics of a tertiary care facility. Engagement with experienced healthcare professionals further strengthened students’ awareness of real-world clinical responsibilities, ethical standards, and patient-centered care approaches. The interactive sessions provided clarity on professional expectations and the evolving role of respiratory therapists in critical and routine care settings. Such academic visits play a vital role in bridging the gap between classroom

learning and practical application. They contribute to the development of clinical competence, professional confidence, and a deeper commitment to quality healthcare delivery.

This educational visit aligns with the Sustainable Development Goals (SDGs) of the United Nations, particularly SDG 3 (Good Health and Well-Being), SDG 4 (Quality Education), and SDG 17 (Partnerships for the Goals) by fostering collaboration between academia and the healthcare sector.

## Visit to BASES BEHAVIOR AND SPECIAL EDUCATION SERVICES

The Department of Rehabilitation Sciences organized a study tour for the students of Doctor of Physical Therapy (10th Semester) to BASES: Behavior and Special Education Services, Peshawar Road, Rawalpindi, on 17 February 2026. The visit aimed to enhance students' clinical exposure, interdisciplinary learning, and understanding of rehabilitation services in special education settings. The delegation consisted of 27 students from 10th semester DPT. The study tour was organized to provide students with practical exposure to multidisciplinary rehabilitation services for children with special needs. It aimed to help them understand assessment and intervention strategies used in managing behavioral and developmental disorders, as well as to enhance their knowledge of early intervention programs. The visit also focused on bridging theoretical learning with real-time clinical practice and highlighting the role of physiotherapy in special education and pediatric rehabilitation settings. Upon arrival, the students and supervisors

were warmly welcomed by the Senior Physiotherapist Dr Jawad Khan. A briefing session was conducted by Dr Jawad, during the session, students were introduced to:

- Institutional structure and services
- Departments and therapy units
- Multidisciplinary team roles
- Case management protocols

Students were taken on a guided tour of therapy rooms, classrooms, behavioral units, and assessment areas.

- Orientation session about special education and rehabilitation services
- Observation of therapy sessions (behavioral, occupational, speech, and physiotherapy)
- Interaction with clinical staff
- Question and answer session
- Discussion on case management and inter-professional collaboration

Students actively participated by asking questions related to assessment techniques, treatment planning, and outcome measures. This study tour contributed to the following SDGs: SDG 3 – Good Health and Well-being,



SDG 4 – Quality Education, SDG 10 – Reduced Inequalities, SDG 17 – Partnerships for the Goals.

The study tour to BASES Institute was highly informative and professionally enriching. It provided 10th semester DPT students with valuable clinical exposure and strengthened their understanding of rehabilitation practices in special education settings.

## TUF Contributes to Inclusive Initiatives at Eilya Ability Day 2026

Dr Ambreena Rasool and Dr Muneeb Jaffar from the Department of Rehabilitation Sciences, along with students of the Doctor of Physical Therapy program at the University of Faisalabad, participated in Eilya Ability Day 2026, organized by Eilya Care Foundation at the prestigious Sheraton Marquee. The event, themed “Inclusion,” emphasized equal opportunities, accessibility solutions, and empowerment for individuals of all abilities. Their participation ensured professional supervision and academic excellence, while highlighting the university's commitment to social responsibility and inclusive development. Several engaging competitions were conducted, including Short Film, Infographic, Hackathon, and Canvas Art contests. Students of DPT from TUF demonstrated exceptional creativity and innovation:

- The 4th Semester Infographic Team secured Gold Medals, with Maham, Tasnim Abdallah, and Montaha being recognized for their impactful infographic that presented accessibility solutions and awareness strategies for inclusion.



- The 5th Semester Hackathon Presentation Team also achieved Gold Medals, with Visha and Breeah earning distinction for their innovative ideas related to assistive technologies and community-based

rehabilitation strategies. Participants who did not secure positions were honored with participation certificates, reflecting the inclusive and encouraging spirit of the event.

TUF Societies Converge in a Powerful Display of Advocacy and Art for

## KASHMIR SOLIDARITY DAY

in an impactful fusion of intellectual discourse and creative activism, the Literary Society, in a strategic collaboration with Alpha TUF Welfare, the Psychology Society, and the Dramatics Society, successfully executed a multi-dimensional event to commemorate Kashmir Day. The occasion served as a powerful platform to amplify the voices of the Kashmiri people and reinforce a message of unwavering solidarity. The atmosphere was charged with purpose as students and faculty gathered to participate in a meticulously curated program.

### Highlights of the Commemoration

The event featured a diverse range of segments designed to engage the heart and mind:

- **Oratory & Verse:** Stirring speeches and evocative poetry recitals provided a historical and emotional lens through which the struggle of Kashmir was viewed.
- **Visual Storytelling:** A compelling short film screening offered a poignant look into the lived experiences of the Kashmiri people, leaving a lasting impact on the audience.



- **The Solidarity Walk:** Led by the Dramatics Society, a spirited walk echoed the collective heartbeat of the campus, symbolizing a physical journey toward justice and peace.

- **Creative Advocacy:** A vibrant poster competition transformed student insights into visual manifestos, showcasing a high level of artistic talent and socio-political awareness.

The event culminated in a prestigious certificate distribution ceremony. This segment

honored the dedication of the participants and contributors whose tireless efforts ensured the program's resounding success. By bridging the gap between academia and advocacy, the collaborating societies proved that collective action—fueled by literature, psychology, and the arts—can create a powerful resonance. The day concluded not just as an event but as a significant milestone in the university's commitment to global human rights and national unity.





## KASHMIR SOLIDARITY DAY

Marked with Insightful Seminar and Solidarity Walk

National Business School observed Kashmir Solidarity Day with seminar featuring insightful addresses by distinguished speakers: Prof Abid Mustaan, Islamic Scholar, Quran Academy Faisalabad, a renowned scholar with deep expertise on the Kashmir issue

Prof Riaz Majeed, Chairman, Department of Urdu. Both speakers provided a comprehensive analysis of the current situation in Kashmir, enlightening students on the ongoing challenges and emphasizing the importance of solidarity.

Prof Dr Muhammad Ashfaq, Dean of the

Faculty of Management Studies, expressed gratitude to the speakers for their valuable contributions and inspiring words.

The seminar concluded with a solidarity walk, where participants demonstrated unity and support for the Kashmiri people in their just struggle.



## Interactive Sensory Re-Education Activity Enhances Clinical Competence

An interactive academic activity on Sensory Re-Education was organized for the 8th Semester students of the Doctor of Physical Therapy program to strengthen their clinical proficiency in sensory examination and neurological rehabilitation. Structured in a dynamic, station-based format, the session fostered experiential and competency-based learning, enabling students to translate theoretical concepts into precise clinical practice through supervised, hands-on assessment.

The activity comprised multiple assessment stations, including hand tactile sensory stimulation, plantar sensory stimulation, stereognosis evaluation, auditory examination,

and olfactory testing. Students actively engaged in identifying various textures, objects, sounds, and odors without visual input, thereby simulating authentic neurological assessment conditions. This practical exposure enhanced their understanding of superficial sensation, cortical sensory functions, proprioception, and sensory integration—fundamental components in the evaluation and rehabilitation of individuals with neurological impairments.

By integrating theoretical knowledge with hands-on clinical application, the initiative reinforced critical thinking, clinical reasoning, and professional skill development, aligning

with the objectives of SDG 4 (Quality Education). Furthermore, by preparing competent future physiotherapists capable of delivering evidence-based neurorehabilitation services, the activity contributes to SDG 3 (Good Health and Well-Being). The collaborative structure of the session also reflected the principles of SDG 17 (Partnerships for the Goals), encouraging teamwork and peer-supported learning. The activity was highly appreciated for its academic rigor, structured execution, and active student engagement, highlighting the Department's commitment to excellence in Rehabilitation Sciences education.



# WORLD CANCER DAY 2026



World Cancer Day is an international day marked on February 4 to raise awareness of cancer and to encourage its prevention, detection, and treatment. It is led by the Union for International Cancer Control, a global consortium of more than 470 cancer-fighting organizations in over 120 countries. It is only by every person, organization, and government, individually doing their part, that the world will be able to reduce the global cancer burden.

So getting involved with the slogan "United by Unique", pathology department UMDC organized an awareness program through short power point presentations with involvement of 1st year MBBS Class. The event was started by recitation of Holy QURAN. Dr Aliza Tahir and Dr Fareeha highlighted various risk factors and carcinogenic potential of cigarette smoke and vape. They also emphasized the role of awareness program and

preventive measures to reduce cancer burden in our society. Prof Dr Shazia Aslam welcomed the new 1st year students and elaborated them about clinical aspects of cancer and the day celebrated in respect to various diseases to raise awareness in community. In the end Dr Shazia paid vote of thanks to faculty members and technical team who made this event successful.

## PAKISTAN ADVANCES TOWARD “ZERO LEPROSY”

with a Specialized Training Session on World Leprosy Day 2026

Pakistan Advances Toward “Zero Leprosy” with a Specialized Training Session on World Leprosy Day 2026

In a significant step toward eliminating one of the world’s oldest diseases, a specialized training and awareness session titled “Towards Zero Leprosy in Pakistan” was organized by the Skin Care Society on the occasion of World Leprosy Day 2026. Renowned leprosy care expert Dr Chris Schmotzer, Director of Rawalpindi Leprosy Hospital, graced the event as the guest speaker and shared valuable insights on leprosy prevention and management. The session highlighted that while leprosy is curable, early detection remains the biggest challenge. Dr Chris emphasized the "Cardinal Signs" of leprosy—such as pale or reddish skin patches with a loss of sensation—and urged medical staff to prioritize contact screening at the community level.

Key Highlights from the Session:



- The Global Target: Aligning with WHO goals to achieve zero transmission, zero disability, and zero stigma.
- Clinical Training: Detailed demonstrations on nerve function assessments, eye examinations, and the proper technique for taking slit skin smears.

- Comprehensive Care: Beyond medication, the session focused on Self-Care Training, including foot care (scraping and oiling) to prevent permanent disabilities and injuries.

- New Strategies: The distribution of SDR-PEP (Single Dose Rifampicin for Post-Exposure Prophylaxis) was discussed as a vital tool in preventing the disease among those in close contact with patients.

The organizers concluded that establishing reliable referral pathways and continuous training for frontline health workers are the most effective ways to ensure Pakistan remains on the path to becoming leprosy-free.

"Early diagnosis is the bridge between permanent disability and a normal life."





# Student **Say No** to **Corruption** in Creative Poster Competition

A vibrant poster competition titled "Tackling Corruption: Engaging Youth through Awareness and Action" was organized by Character Building Society on 2 February, 2026. The event served as a creative platform to educate the next generation on the devastating impacts of corruption on national development.

Students from various classes participated with high energy, using art to expose issues

like bribery and favoritism. The competition focused on:

- Promoting Ethics: Reinforcing values of honesty, integrity, and transparency.
  - Critical Thinking: Encouraging students to analyze the role of citizens in building a just society.
  - Creative Advocacy: Using powerful slogans and visuals to inspire social change.
- Recognizing Excellence

A panel of judges evaluated the entries based on creativity and thematic relevance. While all participants received certificates for their commitment to social responsibility, the top honors were awarded to:

- 1st Position: Ayesha Wali**  
**2nd Position: Aliza Zulfiqar**  
**3rd Position: Zoha Abbas**



## FRESH FACES BIG DREAMS



### Undergraduate and Postgraduate Students Join Spring 2026 Orientation

With enthusiasm, aspiration, and a shared vision for excellence, the Spring 2026 Orientation marked the commencement of the academic session through well-organized ceremonies held across the Saleem, Amin, and Jinnah Campuses.

Addressing students at Jinnah Campus, Rector Prof Dr Amaan Ullah Malik remarked, "Your journey at this University is not just about earning a degree; it is about shaping your character, strengthening your values, and preparing to lead with confidence and integrity." He reiterated the TUF's dedication to nurturing competent and ethical professionals.

Prof Dr Muhammad Ashfaq, Dean, Faculty of Management Studies, encouraged students to adopt a growth mindset, stating, "Professional success belongs to those who think critically, act ethically, and continuously adapt to change."

At Amin Campus, Prof Dr Zahir Ahmad Zahir, Director ORIC, highlighted the pillars of academic achievement, stating, "Discipline and dedication are the defining traits of successful scholars. Commit yourselves fully to your educational journey." Faculty

members briefed students on academic policies, research avenues, and support services to ensure clarity and confidence at the outset.

Emphasizing technological advancement, Prof Dr Majid Hussain, Dean, Faculty of Information Technology, shared, "The future belongs to innovators. Develop analytical skills, embrace creativity, and position yourselves at the forefront of digital transformation."

Saleem Campus likewise hosted an interactive and informative orientation session, where departmental representatives introduced program structures, institutional expectations, and career development opportunities, developing a sense of belonging among the incoming cohort.

Faculty members offered detailed guidance on program requirements and academic and professional growth opportunities, while Deans and Heads of various departments introduced their respective programs, outlining course structures, research prospects, and available academic resources.

The concluding day of the orientation was



graced by the Chief Guest, Mr Sohail Akhtar Sukhera, RPO Faisalabad, while the program was hosted by Prof Dr Sami ur Rahman, Dean, Faculty of Law. Students gained valuable insights into academic policies, research and innovation pathways, and industry linkages, followed by a motivating address encouraging focus, discipline, and a sustained commitment to excellence. Classes for Spring 2026 have officially commenced across all faculties and departments, marking the beginning of a new academic term for undergraduate and postgraduate programs throughout the university.

## NBS Leads Global Dialogue on

### Sustainable Development with International Experts

The National Business School took a pioneering step in advancing sustainability discourse by hosting an International Seminar on Sustainable Development, featuring distinguished speakers Mr. N.M.K.C. Premarathne and Dr. S.M.C.B. Karalliyadda from Rajarata University, Sri Lanka. Bringing together thought leaders from academia, industry, and environmental sciences, the seminar explored critical issues including

climate change, human ecology, and the future of sustainable development. A dynamic round-table discussion with Prof Dr Asghar Ali (University of Agriculture Faisalabad) and Mian Abdur Rasheed, Chairman, Pakistan Agricultural Scientists Forum, underscored the power of interdisciplinary collaboration and opened avenues for future international partnerships.



# BRIDGING MINDS AND MOVEMENT

Insightful Panel Discussion on "Rewiring Recovery"



Challenging conventional boundaries between the humanities and health sciences, the Department of English Language and Literature organized an interdisciplinary panel discussion titled "Rewiring Recovery." The session examined how linguistic choices and cognitive language processing can meaningfully influence physiotherapy outcomes, introducing an innovative, research-informed dimension to patient-centered care at TUF.

The discussion moved beyond traditional medical silos, focusing on the fascinating intersection of Neurolinguistic Programming (NLP) and neuroscience within the realm of rehabilitative care. The panel featured a distinguished lineup of academic and clinical experts:

- Dr Rafia Imtiaz (Government College

University, Faisalabad)

- Dr Nisar Fatima (Rehabilitation Institute, University of Faisalabad)

- Dr Umbreena Rasool (The University of Faisalabad)

• Ms Fajar Noor (The University of Faisalabad)  
The session delved into the profound impact that linguistic patterns and mental frameworks have on physical recovery. Key themes included:

- The Neuro-Linguistic Connection: How specific communication strategies can "rewire" the brain's response to pain and physical limitations.
- Cognitive Synergy: The role of neuroscience in understanding how patients process recovery instructions and stay motivated.
- Holistic Rehabilitation: Integrating physiotherapeutic practices with cognitive

science to create more personalized and effective patient care plans.

The event concluded with a vibrant Q&A session. The audience comprising students, faculty, and healthcare professionals participated enthusiastically sparking a dialogue on the future of interdisciplinary healthcare education in Pakistan.



## Social Justice Camp Promoted Awareness and Empowerment on World Day of Social Justice

Demonstrating its commitment to equity and social responsibility, Psychology Society organized a Social Justice Camp to mark the World Day of Social Justice. BS Psychology students from the 8th, 6th, and 5th semesters presented engaging stalls on body positivity, gender expression, social media toxicity, self-worth, and identity issues, encouraging dialogue and reflection. Students of BS Psychology from the 8th, 6th, and 5th semesters enthusiastically participated in the camp by setting up engaging and informative stalls. The topics covered included:

- Body Positivity - Gender Expression  
- Social Media Toxicity - Self-Worth - Identity Issues

- Body Positivity - Gender Expression
- Social Media Toxicity - Self-Worth - Identity Issues



## Women Empowerment Society Highlights DIGITAL SAFETY AGAINST CYBERBULLYING



The Women Empowerment Society organized a compelling session on "Digital Safety: Standing Against Cyberbullying & Online Harassment", emphasizing responsible digital citizenship and online protection. Mr Muhammad Hannan Iftikhar, Head of TUF International Programs, shared key insights on the growing impact of cyberbullying in today's digital age. The interactive session engaged students in meaningful discussions, inspiring them to promote a safer and more responsible online environment.

## A Collaborative Discourse "IDEALS OF PAKISTAN"

Speech Competition Highlighting National Values

The 'Ideals of Pakistan' speech competition, a collaborative venture by the Character Building and Entrepreneurship Societies, served as an academic platform to revisit the ideological framework and historical aspirations of the independence movement. The event was graced by the Chief Guests Prof Dr Katsiaryna Hurbik, Department of English Language and Literature, TUF, and Ms Safa Iftikhar, Coordinator, NBS, TUF. During the session, the historical significance of the Two-Nation Theory and the 1949 Objectives Resolution were highlighted as the pillars of Pakistan's constitutional framework. Speakers emphasized the importance of democracy, social justice, and the protection of minority rights as core Islamic values

that continue to guide national unity and lawmaking today.

A key highlight of the event was the recognition of student excellence through a dedicated competition. The following students from these societies were honored for their outstanding performance:

- 1st Position: Mamona Ijaz
- 2nd Position: Noor Fatima Shazad
- 3rd Position: Shiza Tazeem

The program concluded with a certificate distribution ceremony, celebrating the participants' commitment to upholding the nation's identity as an Islamic democratic state. By fostering such discussions, the societies aim to empower students with a deeper understanding of their cultural and political heritage.



## PHARMA SPHERE CLUB RAISES

Awareness on Antimicrobial Resistance



The Pharmasphere Club conducted an impactful Antimicrobial Resistance (AMR) Awareness Session, bringing together students to address this critical global health issue.

Dr Muhammad Nafees and Dr Misbah Rasool from Madina College of Pharmacy highlighted the causes, consequences, and prevention of AMR, empowering participants with essential knowledge. The session concluded with an engaging quiz competition, reinforcing learning and encouraging active participation.



Seminar Highlighting the Spiritual Significance of

## SHAB-E-BARAT

In observance of the holy month of Shaban, the Religious Society and Department of Islamic Studies organized a special seminar titled "Shab-e-Barat: The Night of Forgiveness." The event featured Ms Safia Jaffar, a religious scholar, as facilitator. During the hour-long session, Ms Safia

enlightened the audience on the spiritual depth of Shab-e-Barat, emphasizing its role as a night of sincere repentance and divine mercy. The gathering provided students and faculty with a meaningful opportunity for reflection and prayer as they prepare for the upcoming arrival of

Ramadan, concluding with a message of spiritual renewal and collective prosperity. The event was further enriched by soul-stirring sessions of Zikr-o-Sana and beautiful Naat recitations, which filled the auditorium with a sense of profound devotion and spiritual serenity.



Seminar  
**FAZEELAT  
E-SHABAN &  
AHLE BAIT (A.S)**

The Department of Islamic Studies successfully organized a spiritually uplifting and intellectually enriching event titled “Fazeelat-e-Shaban and Ahle Bait (A.S).” The program was graced by the esteemed presence of Al Shaikh Syed Ali Tariq, Khateeb of the revered Mazar Hazrat Junaid Baghdadi (R.A), who attended as the Chief Guest.

The event commenced with the recitation of the Holy Qur’an, followed by a soulful rendition of Naat in praise of the Holy Prophet (S.A.W). The National Anthem was subsequently presented, creating an atmosphere of unity and solemnity. Prof Dr Matloob Ahmad, Dean, Faculty of Arts and Social Sciences, formally welcomed the Chief Guest and highlighted the significance of the occasion.



In his inspiring address, Al Shaikh Syed Ali Tariq eloquently elaborated on the profound spiritual wisdom of the three sacred months; Rajab, Shaban and Ramadan. He described Rajab as a month of sincere repentance and self-purification,

Shaban as a period for adorning oneself with righteous deeds, and Ramadan as a time to prepare for divine blessings and spiritual enlightenment.

He further underscored the importance of acquiring and disseminating knowledge, encouraging students to pursue learning with dedication and purpose. The Chief Guest concluded his address with prayers for the well-being of the students and the continued progress of TUF. Dr Rizwan Mehmood Al Azhari provided a comprehensive

translation of the address, ensuring clarity and impact for all participants.

At the conclusion of the event, Prof Dr Matloob Ahmad and Mr Muhammad Zubair presented a commemorative souvenir to the Chief Guest.

The event proved to be a remarkable blend of spirituality, scholarship, and devotion, leaving a lasting impression on attendees and reinforcing the values of faith, knowledge and reverence for the Ahle Bait (A.S).



**"ISTIQLAL-E-RAMAZAN"**Promoted Healthy Routines and  
Spiritual Awareness Among Students

The combined departments of the Faculty of Medicine and Allied Health Sciences, in collaboration with the Department of Islamic Studies, organized the event "Istiqlal-e-Ramazan: Engagements and Commitments."

The session began with a warm welcome of the chief guest, Prof Dr Matloob Ahmad, followed by an engaging panel discussion.

Panelists included Mr Tayyab from the MLS, Ms Noreen from the Psychology Department, and Mr Waqas Younis from Rehabilitation Sciences. Additionally, Dr Sobia from the National Business School (NBS) shared insights on social aspects, highlighting strategies for students to manage their behavior, schedules, and routines effectively during Ramadan.

Each panelist shared valuable guidance, covering aspects such as mental resilience, physical well-being, and maintaining healthy routines during Ramadan. Prof Dr Matloob Ahmad concluded the session with a reflective note on how the Prophet Muhammad (PBUH) welcomed Ramadan, adding a deeply spiritual dimension to the discussion.

The event successfully combined practical advice with spiritual reflection, providing students with meaningful guidance to observe Ramadan mindfully.

Grand Mehfil-e-Milad to commemorate the birth anniversary of  
**HAZRAT GHAUS-E-AZAM (R.A)**

The Department of Islamic Studies, in collaboration with the Departments of Department of Physiology - TUF and Department of Medical Laboratory Sciences - TUF, organized a Grand Mehfil-e-Milad to commemorate the birth anniversary of Hazrat Ghaus-e-Azam (R.A) on the blessed occasion of 1st Ramadan 2026. The spiritually enriching gathering was held to commemorate the teachings, character, and enduring legacy of Hazrat Ghaus-e-Azam (رضی اللہ تعالیٰ عنہ), emphasizing their moral excellence, spiritual depth, and timeless relevance in contemporary society.

The event witnessed an overwhelming participation of faculty members and students, whose presence added dignity and warmth to the occasion. The Mehfil was illuminated with heartfelt recitations of Naats, Drood Pak and Manaqib, creating an atmosphere filled with devotion and reverence.

A special highlight of the event was the soulful presentation by renowned Naat khwan, Ms Ayesha Batool, whose melodious recitation deeply moved the audience and further elevated the spiritual ambiance of the gathering.



## Mehfil Mushaira Manaqib in Tribute to



Department of Islamic Studies, in collaboration with the Department of Urdu, TUF organized a profoundly enriching and spiritually elevating Mushaira titled "Manaqib in Tribute to Syeda Fatima Zahra (S.A)" in Amin Campus on February 18, 2026.

The Chief Guest, Prof Dr Matloob Ahmad, Dean Faculty of Arts & Social Sciences, delivered an intellectually compelling

and eloquent discourse on the exemplary Seerah of Syeda Fatima Zahra (S.A), illuminating her unparalleled spiritual stature, moral excellence and timeless legacy. He further enriched the audience with insightful reflections on the virtues and blessings of the sacred month of Ramadan.

The Mushaira that followed was adorned by the scholarly and poetic contributions

of Prof Dr Tahir Saddiqi, Syed Asad Naqvi Bukhari and Qasim Saeed, whose refined and devotional verses resonated deeply with the audience. The guest of honor, Prof Dr Riaz Majeed, an eminent contemporary poet, concluded the session with an erudite address. The event culminated with a collective prayer, leaving hearts illuminated with reverence and inspiration.



The Life and Legacy of

## HAZRAT FATIMA (RA) AS A MODEL OF FAITH AND VIRTUE

The Department of Islamic Studies, in collaboration with the Department of Professional Health Technologies (Department of Anesthesia - TUF), organized a spiritually enriching and intellectually inspiring event titled "The Life and Legacy of Hazrat Fatima (RA) as a Model of Faith and Virtue". The distinguished guest speaker, Dr Ahmad Raza-ul-Habib, delivered a comprehensive and thought-provoking lecture highlighting the exemplary character, piety, patience,

modesty, and unwavering faith of Hazrat Fatima (RA). He emphasized her remarkable role as a devoted daughter, wife, and mother, describing her as a timeless model of faith and virtue not only for women but for all humanity. The speaker also discussed the relevance of her life and teachings in addressing contemporary moral and social challenges, encouraging students to embody her values in their personal and professional lives. The event was attended

by faculty members and students from various departments and concluded with an engaging question-and-answer session.



### Women Empowerment Society Inspires Reflection During "Khawateen Ka Mah-e-Siyam"

In a meaningful initiative to promote spiritual growth, the Women Empowerment Society organized a session titled "Khawateen Ka Mah-e-Siyam." Dr Hifsa Munawar from Department of Islamic Studies, TUF, shared profound insights on embracing the true essence of the holy month, urging participants to cultivate faith, patience, and gratitude while deepening their spiritual awareness.



International Webinar on

## SPIRITUALITY AND NUTRITION IN RAMADAN

In a meaningful blend of spiritual reflection and scientific insight, the Department of Nutrition and Dietetics conducted an International Webinar on "Spirituality and Nutrition in Ramadan." The session emphasized the balance between mindful nutrition and spiritual growth during the holy month, engaging participants through Holy Qur'an recitation, Naat Rasool Pak (S.A.W) and thought-provoking talks. Renowned speaker Syed Hanzalah, a student scholar at the Masjid-e-Nabwi in Madinah, highlighted the spiritual

philosophy of fasting and its lessons of patience, gratitude, and self-discipline. Complementing this perspective, Munawar Abbas, Marie Curie Postdoctoral Fellow at APC Microbiome Ireland, University College Cork, and PhD graduate of the University of Reading, shared evidence-based guidance on maintaining gut health, balanced nutrition, and overall well-being during fasting. The webinar offered practical strategies for healthy fasting while reinforcing the deeper spiritual essence of Ramadan,

leaving participants inspired to integrate both knowledge and faith into their daily lives.



## The Purpose of Islam Call to **RIGHT DEMAND**

An inspiring and thought-provoking session titled “The Purpose of Islam – Call to Right Demand” was organized by the Islamic Philosophic Society. The event aimed to revive awareness about the true purpose of our creation, our identity as Muslims, and our collective responsibility toward Islam in the contemporary world. The session was delivered by Wishaq Akbar and Badar Islam, whose insightful

presentations deeply engaged the audience and encouraged meaningful reflection. The program was further honored by the presence of Prof Dr Matloob Ahmad, Dean, Faculty of Art and Social Sciences, as Chief Guest, along with Dr Hifsa Munawar, Assistant Professor at TUF, as Advisor. The gathering served as a powerful reminder that Islam is not merely a belief,

but a mission—a call to live with purpose, responsibility, and steadfast commitment to truth and righteousness.



The Department of Islamic Studies, Islamic Philosophic Society, and National Business School (NBS) organized a spiritually uplifting Mehfil e Milad e Mustafa (S.A.W), creating an atmosphere of devotion and reverence for the Holy

Prophet (S.A.W). The gathering featured reflective addresses by Prof Dr Matloob Ahmad, Dean, Faculty of Arts and Social Sciences, who emphasized the message of Seerah, spiritual purification, and moral character, while Dr Tariq Jameel

from NBS highlighted the values of compassion and self-accountability. The event concluded with collective Darood o Salaam, leaving participants inspired with renewed faith and spiritual reflection.





The Department of Islamic Studies, in collaboration with the Department of Pharmacy conducted an inspiring seminar on the topic “Hazrat Khadija (RA): A Timeless Role Model for Muslim Women.” The facilitator of the event was Dr Anum Hameed, Assistant Professor, Department of Islamic Studies. In her insightful address, she beautifully highlighted the remarkable life and character of Khadija bint Khuwaylid (RA), emphasizing her unwavering faith,

wisdom, generosity, and resilience. She discussed how Hazrat Khadija (RA) played a pivotal role in the early days of Islam and stood firmly beside Muhammad (PBUH), offering moral, emotional, and financial support. Dr Anum Hameed further elaborated on how Hazrat Khadija (RA) serves as a timeless role model for Muslim women, particularly in maintaining a balance between professional excellence and

strong family values. Her powerful message inspired the students to adopt the qualities of patience, integrity, leadership, and steadfastness in their daily lives. Faculty members and students from both departments actively participated in the event, making it a meaningful and impactful session. The program concluded with Dua and Salam, leaving the audience spiritually motivated and enlightened.



## Ramadan Wellness Camp 2026 **PROMOTES HEALTH AND NUTRITION**

The Department of Nutrition & Dietetics set the Ramadan Wellness Camp 2026, benefiting over 180 students, faculty, and staff. The camp offered nutrition assessments, health screenings, BMI evaluations, and personalized

fasting diet plans, while collaboration with Sukoon Wellness provided body composition analysis and expert nutrition counseling to support a healthy and energized Ramadan.



# ATHLETIC EXCELLENCE SHINES AT SPORTS GALA 2026



## WHERE SPIRIT COMES ALIVE

The Annual Sports Gala 2026 showcased a week of athletic excellence, camaraderie, and spirited competitions across both

campuses, leaving participants and spectators inspired. From an energetic opening ceremony to an inspiring grand

finale, the gala reflected the university's strong commitment to holistic student development.

### Grand Opening Ceremony

The event commenced with a vibrant team march featuring eight houses, setting a dynamic tone for the week-long celebrations. The oath-taking ceremony, led by Rector Prof Dr Aman Ullah Malik, reinforced the principles of sportsmanship,

integrity, and fair play. The ceremony was graced by Chief Guest Ms Nimra Maryam, international Pakistani athlete, whose presence inspired students to pursue excellence in sports alongside academics. Students showcased exceptional talent

through gymnastics and aerobics performances, followed by exciting competitions in cricket, badminton, throwball, tug-of-war, table tennis, athletics, and more. The festive atmosphere was further elevated by a lively drum circle performance.



**Day 2 – Rising Momentum and Competitive Edge**

The second day intensified the competitive spirit as students actively participated in athletics, cricket, badminton, and table tennis. Track events drew significant attention, with participants demonstrating speed, endurance, and determination. Cricket fixtures kept spectators engaged with thrilling performances and strategic

teamwork. Indoor and strength-based competitions, including table tennis and arm wrestling, added diversity to the event lineup. Futsal and basketball matches further energized the grounds. E-gaming competitions such as Tekken 8, FIFA, and PUBG highlighted the inclusive nature of modern sports, proving that competitive excellence extends across multiple platforms.

Day 2 strengthened camaraderie among participants and sustained the gala’s vibrant momentum.

**Day 3 – Finals and Decisive Victories**  
The third day featured high-stakes finals and critical knockout rounds. Track and field events, including 100m, 200m, and 400m races, along with shot put and javelin throw, showcased athletic precision and resilience.



**Grand Closing Ceremony**

The Closing Ceremony was held with great enthusiasm, graced by Rector Prof Dr Aman Ullah Malik as Chief Guest. Esteemed Guests of Honour included Dr Zahida Maqbool, Registrar, TUF, Prof Dr Zaheer Ahmed Zaheer, Director ORIC, Prof Dr Majid Hussain, Dean, Faculty of Information Technology along with senior

faculty members and departmental representatives.

A total of eight houses competed in over 20 sporting events, with more than 200 athletes receiving medals and trophies in recognition of their outstanding performances.

**Final Highlights**

The prestigious **Overall General Trophies**

were awarded to the following teams:

**Saleem Campus:**

- 1st Position – Sixers Stars (Department of Pharmacy)
- 2nd Position – Galaxy Gladiators (Department of Psychology and Nutrition & Dietetics)
- 3rd Position – Leopards (Department of Optometry)



**Amin Campus**

Male Category:

- 1st Position – CS Kings (Department of Computer Sciences)
- 2nd Position – LLB Legal Eagle (Department of Law)
- 3rd Position – Tricore (Interdepartmental Team)

Female Category:

- 1st Position – CS Kings (Department of Computer Sciences)

2nd Position – DPH Strikers (Department of Pharmacy)

3rd Position – DPT Titans (Department of Rehabilitation Sciences)

**A Celebration of Unity and Excellence**

The Sports Gala 2026 concluded as a resounding success, made possible through the dedicated efforts of departmental sports coordinators, Sports Societies, faculty members, and organizing committees

across both campuses.

Beyond medals and trophies, the event reinforced values of leadership, resilience, teamwork, and mutual respect—hallmarks of the vibrant student culture at The University of Faisalabad.

The Annual Sports Gala 2026 will be remembered not only for its victories but for the spirit of unity and pride it fostered among the entire TUF community.



# PEDAL COURT INAUGURATED



## Jinnah Campus to Promote Sports and Fitness

A proud milestone at Jinnah Campus as the state-of-the-art Pedal Court was officially inaugurated by Dr Muhammad Hamza Amin, Vice Chairman BOG, Prof Dr Aman Ullah Malik, Rector, and Dr Zahida Maqbool, Registrar, alongside faculty members and the Deputy Director of Sports. This new facility aims to encourage sports participation, promote fitness, and foster an active lifestyle among students, supporting healthy habits and greater campus engagement.





## CELEBRATION OF CHARACTER DAY BRINGS FUN

Positivity, and Powerful Values Together

Character Day marked with great enthusiasm, reaffirming its commitment to nurturing integrity, empathy, responsibility, and resilience among students. Through meaningful activities and reflective discussions, the event highlighted the vital role of strong moral character in academic excellence, leadership development, and nation-building. Character Day served as a powerful reminder that true success is built not only on knowledge and skills, but on values that shape responsible and impactful individuals.



- 📍 **Amin Campus:** Canal Road, Faisalabad. Mob: 0330-1980690
- 📍 **Saleem Campus:** Sargodha Road, Faisalabad. Mob: 0330-1980604
- 📍 **Jinnah Campus:** Gulberg Road, Jinnah Colony, Faisalabad. Mob: 0330-1980693

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